

Terra Verde

RESTAURANTE

Menu

Convidamo-lo a saborear a essência da Serra da Estrela. A nossa ementa apresenta uma cozinha criativa, local e saudável, preparada com paixão e com o compromisso de os sabores vibrantes da região.

We invite you to savour the essence of the Serra da Estrela. Our menu features creative, local, and healthy cuisine, prepared with passion and a commitment to showcasing the region's vibrant flavors.

Chef
Carlos Silva

Contém
Contains

- 1 
Lactose
- 2 
Eggs
Ovos
- 3 
Gluten
- 4 
Nuts
Frutos Secos
- 5 
Sulphate
Sulfatos
- 6 
Meat
Carne
- 7 
Fish
Peixe

Adequado para
Suitable for

- 
Vegan
- 
Vegetarian
Vegetariano

Menu à la carte

A la carte menu

Couvert

€ 2.50

Sopa

Soup

- ☉ Creme de Legumes¹
Vegetable cream soup
- ☉ Sopa rica da horta¹
Rich vegetable soup
- ☉ Capuccino de cogumelos¹
Mushroom cappuccino soup

Entradas

Starters

- Estrela da Serra¹³⁵⁶⁷
Local Dish (Typical Local Sausages, cheese, three different types, trout with vinegar) € 20 (2 pax)
- Crocante de perdiz³⁵⁶
Crispy partridge € 9
- Carpaccio de novilho¹⁴⁵⁶
Beef carpaccio € 10
- ☉ Salada de abacate, tofu e cherovia
Salad with avocado, tofu and cherovia € 8

Sobremesas

Desserts

- ☉ “Torre” Bolo de chocolate e couli de frutos vermelhos¹³⁴
“Torre” Chocolate cake with red fruits couli € 8
- ☉ Leite creme de alecrim¹²
Rosemary cream milk € 6
- ☉ Tarte de Feijoca¹²³⁴
Bean tart € 6
- ☉ Pannacota vegan de fruta da época
Pannacotta Vegan with seasonal fruit € 6
- Prato de Queijos Regionais
Regional Cheeses € 10
- ☉ Fruta Laminada
Laminated fruit € 8

Pratos principais

Main dishes

- ☉ Risotto de Espargos¹⁵
Asparagus Risotto € 14
 - ☉ Feijoada de Legumes e Cogumelos Silvestres⁵
Vegetable and Wild Mushroom Bean Stew € 12
 - Esparguete Carbonara¹²⁶
Carbonara spaghetti € 14
 - ☉ Penne com molho de tomate
Penne with tomato sauce € 12
 - Lombo de Bacalhau e puré de grão³⁵⁶⁷
Cod fillet and chickpea puree € 22
 - Truta em crosta de ervas finas e alho³⁷
Trout in a crust of fine herbs and garlic € 15
 - Lombo de Corvina com Migas de tomate¹³⁵⁷
Croaker loin with tomato “migas” € 17
 - Taco de Atum com puré de batata doce¹⁵⁷
Tuna Taco with sweetpotato puree € 17
 - Folhado de Cabrito com salada da época¹³⁵⁶
Goat puff pastry with seasonal salad € 17
 - Naco de Novilho com mil folhas de batata¹⁶
Beef steak with crispy potato € 42 (2pax)
 - Lombo de Javali e puré de batata trufado¹⁶
Loin of wild boar with truffled potato puree € 19
 - Feijocas Tradicionais de Manteigas⁵⁶
Beans from Manteigas Village € 14
 - Alcatra com arroz de Carqueja⁵⁶
Beef with carqueja rice € 16
- ### Menu infantil
- #### Kids menu
- Bife com batata frita¹⁶
Steak and chips € 11
 - Panado de frango com esparguete²³⁶
Breaded chicken and spaghetti € 8

*Todos os preços incluem IVA à taxa atual
*All prices include VAT at the current rate